

Children's Depression Inventory (CDI)

Date & Time _____
Examiner _____

Example:

I read books all the time.

I read books once in a while.

I never read books.

Remember, pick out the sentences that describe your feeling and ideas in the past two weeks.

1. I am sad once in a while
- I am sad many times
- I am sad all the time
2. Nothing will ever work out for me
- I am not sure if things will work out for me
- Things will work out for me O.K.
3. I do most things O.K.
- I do many things O.K.
- I do everything wrong
4. I have fun in many things.
- I have fun in some things.
- Nothing is fun at all.
5. I am bad all the time.
- I am bad many times.
- I am bad once in a while.
6. I think about bad things happening to me once in a while.
- I worry that bad things will happen to me.
- I am sure that terrible things will happen to me.
7. I hate myself.
- I do not like myself.
- I like myself.

8. All bad things are my fault.
 Many bad things are my fault.
 Bad things are usually not my fault.
9. I do not think about killing myself.
 I think about killing myself, but would not do it.
 I want to kill myself.
10. I feel like crying everyday.
 I feel like crying many days.
 I feel like crying once in a while.
11. Things bother me all the time.
 Things bother me many times.
 Things bother me once in a while.
12. I like being with people
 I like being with people many times.
 I do not want to be with people at all.
13. I cannot make up my mind about things.
 It is hard to make up my mind about things.
 I make up my mind about things easily.
14. I look O.K.
 There are some bad things about my looks.
 I look ugly.

15. I have to push myself all the time to do my schoolwork.
 I have to push myself many times to do my schoolwork.
 Doing schoolwork is not a big problem.
16. I have trouble sleeping every night.
 I have trouble sleeping many nights.
 I sleep pretty well.
17. I am tired once in a while.
 I am tired many days.
 I am tired all the time.
18. Most days I do not feel like eating.
 Many days I do not feel like eating.
 I eat pretty well.
19. I do not worry about aches and pains.
 I worry about aches and pains many times.
 I worry about aches and pains all the time.
20. I do not feel alone.
 I feel alone many times.
 I feel alone all the time.
21. I never have fun at school.
 I have fun at school only once in a while.
 I have fun at school many times.

22. I have plenty of friends.
 I have some friends, but I wish I had more.
 I do not have any friends.
23. My schoolwork is all right.
 My schoolwork is not as good as before.
 I do very badly in subjects I used to be good in.
24. I can never be as good as other kids.
 I can be as good as other kids if I want to.
 I am just as good as other kids.
25. Nobody really loves me.
 I am not sure if anybody loves me.
 I am sure that somebody loves me.
26. I usually do what I am told.
 I do not do what I am told most times.
 I never do what I am told.
27. I get along with people.
 I get into fights many times.
 I get into fights all the time.

The End

Thank you for filling out this form